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DANGER SIGNS IN PREGNANCY

Protect the health and safety of yourself and your unborn baby by being aware of warning signs and symptoms:

- **Changes or decreased movements of the baby**
- **Sudden gush of water from the vagina**
- **Vaginal bleeding**
- **Temperature of 101 F (by thermometer) or higher**
- **Blurred vision, flashes of light, spots before eyes**
- **Severe, persistent headaches**
- **Pain in the abdomen/stomach (contractions)**
- **Pressure in the lower abdomen**
- **Swelling of hands, legs and/or feet**
- **Change in urination habits (burning, pressure, not emptying)**

****** PLEASE GO TO THE NEAREST EMERGENCY ROOM******

***** GO DIRECTLY TO PARKVIEW HOSPITAL OR RIVERSIDE COMMUNITY HOSPITAL
EMERGENCY ROOM AFTER OFFICE HOURS LOCATED AT**

- **PARK VIEW: 3865 Jackson St, Riverside, CA 92503**
- **RIVERSIDE: 4445 Magnolia Ave, Riverside, CA 92501**

*** CONTACT DR. MOOLA IF YOU EXPERIENCE ANY OF THE ABOVE SYMPTOMS.**

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